

Monday through Friday (School Days)

MORNING:

- Brush Teeth
- Brush Pretty Hair
- Get Dressed
- Take Claritin
- Eat Healthy Breakfast – cereal or oatmeal

DURING DAY:

- Kiss Mommy
- Read 1/2 hour
- Write in your journal
- Pick up Bedroom
- Put Dirty clothes in laundry room
- Make bed
- Eat Healthy Lunch

5 ish/EVENING:

- Eat Healthy Dinner with Family

NIGHT TIME:

- Brush Teeth
- Jammies
- Sleepie Time

